

Register now for a fresh perspective, clarity of purpose, renewed power and connection.

Fri 5:30 pm - 10:00 pm

Sat 9:00 am - 6:00 pm

Sun 9:00 am - 3:00 pm

Investment: \$495, \$50 discount if paid in full 30 days in advance. \$150 non-refundable deposit holds your space.

Contact: Craig Tennant [469-831-3571](tel:469-831-3571)
cit@pobox.com

Registration:
www.EQGradschool.com



Facilitated by:

Monttein Alonso, CFMW
Certified Shadow
Work® Facilitator and Coach,
Woman Within alumni, Soul Talk and Access Consciousness Certified Facilitator and Soul Healing Practitioner.

Craig Tennant
Certified Shadow
Work® Facilitator and Coach, 8 years Training Assistant, Team Captain and Facilitator at Pathways Lifestyle Management and volunteer staff for Mankind Project's New Warrior Training Adventure.

Monttein and Craig are committed to creating sacred space for exploration, transformation & empowerment through participant choice.



Shadow Work® Weekend - Dallas, TX

3 Options for 2017 (all non-residential)

February 10-12, 2017

June 16-18, 2017

October 20-22, 2017



Here's what people are saying about

EQ: Grad School's Shadow Work® Weekend:

"Excellent facilitation with a safe container. DO IT!!! Give yourself a gift!" - Terry Hartwick

"A wonderful weekend experience by passionate facilitators. The greatest gift I received was unpacking my story and armour around shame" - K.W.

"Everything that was facilitated was exactly right for me" - C.H.

"This is some of the most powerful work that I have ever done on myself. By directing every step, I feel safer to explore more deeply & take more risks to heal the wounding that I carry. This is my experience, and I invite others to explore that possibility for themselves" - S.F.

Our last event sold out quickly so register now to reserve your spot for this powerful & memorable experience!

Register Now!

The **Shadow Work® Weekend** offers you the opportunity to connect with and reclaim your "**GOLD**", or hidden aspects of yourself (Open to men and women age 18 and over). Join us on this treasure hunt as we journey through four archetypal energies that we all possess. Learn how to harness and re-integrate these energies to break through self defeating patterns and create more of what you really want.

LEARN about the Jungian based "**Shadow Work® Four Quarter Archetypal Model**", how it can help you identify deep wounding or shaming messages that you may carry, as well as tools to transform those messages into fuel.

PRACTICE using these tools to access and identify emotions in your body through exercises and visualizations.

EXPERIENCE transformation through a facilitated process that further helps you leverage the tools in the model to fundamentally shift the way that you see yourself. As a participant in a process, a role player in a participant's process, or an observer of a process, you'll have an opportunity to examine the underlying risks that keep you from what you want.