

# *The Inner Sovereign Training*

An advanced training for both women and men



**June 10-13, 2010**

**Claymont Court, Charles Town, WV (near Washington, DC and Baltimore, MD)**

## *What you can get from the Inner Sovereign Training*

The *Inner Sovereign Training* is a highly facilitated and experiential four-day program that invites the full embrace of the Sovereign archetype through:

- **The Power of True Blessing.** For most of us, our blessing energy is tainted with judgment, condition, advice, or trying to look good. At the *Inner Sovereign* you will have the time and the facilitation to really discover what your true blessing is for yourself, your family, your community, and the world.

- **The Wisdom of the Shadow.** At the *Inner Sovereign Training* you will discover how to use the energy in your shadow selves to give you wisdom and to energize every area of your life. You will discover how to safely get the "juice" out of your shadow to fully live the life you have been given.

- **Choosing How You Love.** We all carry our wounds as ways of loving, connecting with, or trying to fix people from our past. We have a hard time letting go of these wounds because doing so would seem like we weren't loving. You will leave this training knowing how to love people without carrying their pain.

- **The Power of Death.** Death is a fact of life, but we rarely create time to think or speak about it. At the *Inner Sovereign Training* you will confront your own death in a thorough, symbolic way, and leave the training free to live your life with the blessings of death as your ally.

- **Compassion, Healing, and Understanding.** You will be blessed by witnessing members of the other gender do their "soul work."

- **For Partners: The Power of "Being on the Same Page."** You'll leave the *Inner Sovereign Training* where you both can use the same tools to "take back" projections... not only the negative projections, but also the surprisingly destructive "positive" ones.

*"A beautifully presented workshop that gave me the opportunity to look into my mirrors and wake up to be myself as a true Son of God and a mature Elder." BD*

*"So many trainings intentionally explore just one aspect of our lives. This training embraces and explores the entire realm in a very creative, complete and subtle way. The beauty of the training is the sense of wholeness I felt at the end." GS*

*"Allowed me to work around father without warrior overlay. Objectifying my confrontation with a personalized God was a major achievement. Tom was very patient and creative in dealing with issues that didn't pop open immediately." MH*

*"This is the best training I have experienced. I took more gold from this back into my day-to-day life in all four quadrants of energy than I have in any other training. This training also integrated so much I have done previously. "Life changing" – though that sounds trite, it is what it is for me." DK*

## Who is this Training for-

Anyone who feels called to the benefits described is a candidate for this training. Since this program is very experiential and emotionally challenging, we suggest that participants have attended other experiential offerings such as Shadow Work, The New Warrior Training, Women in Power, Women Within, The MLA Art of Leadership, or similar programs. If you have any questions about your qualifications, call Jude Blitz @ 303-530-1896 for a personal interview.

## Dates & Times-

The Training begins with lunch at noon on Thursday June 10<sup>th</sup> and ends with lunch at 1PM on Sunday June 13<sup>th</sup>. The final lunch will be a sandwich bar so participants can leave immediately at 1pm if needed.

## Location-

Claymont Court, Charles Town, WV. For directions: <http://www.claymont.org/directions.htm>  
For those flying in, you may access Claymont from either Dulles or Baltimore/Washington Int.

## What it Costs-

Tuition for the four-day *Inner Sovereign Training* is \$1200. **Early registration discount - \$995 if paid by May 1<sup>st</sup>. (A \$300 deposit is required and is non-refundable with this option.)**  
Room and board cost is \$325/person. The total cost is \$1525. (Early registration \$1320.)

You can hold your space by sending a deposit check for \$300 (\$600/couple), made out to "LivingArtsFoundation or LAF." Send to: **Jude Blitz, 4653 Chatham St, Boulder, CO 80301** or register on-line by credit card. Go to: [www.livingartsfoundation.com](http://www.livingartsfoundation.com) click on Contact & Payments. Look for the PayPal link.

**Cancellation policy-** Full refunds (less \$50. processing fee) are available until one month before the Training begins. Half refunds will be given up to two weeks before the Training. If you cancel within the final two weeks you will forfeit your deposit. However, that deposit may be applied to future Trainings or transferred to another qualified person.

## Training Leaders

**Tom Daly, PhD**, has more than 30 years experience as a life coach, leadership trainer, and ritual process facilitator. An *Inner King & Inner Sovereign Training* Co-founder, he has led all trainings since 1992. Tom is the co-creator of the "Shadow Dance," a unique and spontaneous way to get useful power from your shadows. Tom is a founder of the Men's Leadership Alliance and is a nationally respected elder in men's soul work.

**Jude Blitz, MA**, is a certified Hakomi therapist and adjunct professor at Naropa University. Jude is the co-creator of many workshops for women: *Reclaiming Our Feminine Initiations, Women In Power: Initiating Ourselves to the Predator Within; Warriorship and the Feminine; Meetings with Remarkable Women, Our Mothers*. She is an original co-leader of the *Inner Sovereign Training*.

**Support staff:** Dave McFarren, Becky Schupbach, Jeff Baugher, John Gaughan

## If you have any questions before you enroll in this Training, please contact us:

Jude Blitz    jude@livingartsfoundation.com    (303) 530-1896  
Dave McFarren    dave@mcfarren.net  
Becky Schupbach    whitewolf1616@yahoo.com  
Jeff Baugher    jbaugher@bellsouth.net



Join us for a training where  
the food is great, and everyone gets plenty of sleep and leaves energized.